



Joint Webinar

How to Get Co-Creation Right in Mental Health Research

May 15, 2024 / 10 :30 – 11 :00 CET

Introduction (2mins)

Programme & Expectations.

Welcome message (3-5mins)

Mirjam BORSTNIK GERGELY, Deputy Head of the Health Research Unit, HaDEA.

Lightning talks (20mins)

"Along the co-creation pathway, how can we actively prevent tokenism and ensure that individuals with lived experiences of mental health problems are not merely seen as a diversity checkbox, but as equal collaborators in developing solutions?"

Moderated discussion (30mins)

"Are there inherent tensions between the rigor of scientific methodology and the adaptability required for true co-creation? How can researchers reconcile these tensions?"

"How do we measure the success of co-creation efforts in mental health research beyond traditional metrics such as publications and grant funding? What alternative indicators of impact should we explore?"

Q&A with the participants (20mins):

Via Zoom Q&A tool + 2 on camera questions/ reflections.

Final messages (10mins):

Panel: Recommendations for the Scientific Community & for mental health practitioners, policymakers, innovators and citizens.

Facilitator: Announcement of the webinar series starting September 2024



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